

HEALTH EDUCATION AND EXEMPTION FROM INSTRUCTION¹²³

Health and physical education, including instruction about parts of the body, reproduction, and related topics, will be included in the instructional program.

Instruction must be appropriate to grade level, course of study, and development of students.

Parents/guardians will have the right to inspect and review health and physical instruction materials which will be made reasonably accessible to parents/guardians and others to the extent practicable. Parents/guardians who wish to review or inspect health and physical education materials may arrange a meeting with the Principal or designee to review the materials.

1.1 Opt-Out Procedure

Parents/guardians who do not wish to have their student to participate, or students eighteen years of age or older, who do not wish to participate in a particular unit of health or sex education instruction, are allowed to opt-out of such instruction.

Parents/guardians who wish to have their child opt-out of such instruction, or students eighteen years of age or older who wish to opt-out of such instruction are required to complete the district opt-out form and state the particular unit of curriculum in which the student is not to participate. Any student who is exempted by request of the parent/guardian under this policy may be given an alternative assignment sufficient to meet state requirements for health education. The alternative assignment will be provided by the health or physical education teacher in conjunction with the Principal.

Opt-out forms are available from either the health education teacher or the Principal. Opt-out forms must be submitted annually and are valid only for the school year in which they are submitted.

The Superintendent shall publish rules and procedures to implement this policy.

¹ NH Code of Administrative Rules, Section Ed. 306.40, Health Education Program

² NH Code of Administrative Rules, Section Ed. 306.41, Physical Education Program

³ RSA 186:11, IX-b, Health and Sex Education